



VCAL Personal Development Skills

Description

The purpose of the Personal Development Units are to focus on the development of self, through the development of personal organisation and planning skills, knowledge, practical skills, problem solving and interpersonal skills through participation in experiences of a practical nature.

Skill Development

The purpose of the Personal Development Skills (PDS) strand is to develop knowledge, skills and attributes that lead towards:

- the development of self
- social responsibility
- building community
- civic and civil responsibility, e.g. through volunteering and working for the benefit of others
- improved self-confidence and self-esteem
- valuing civic participation in a democratic society.

Unit Topics

Units 1&2 and VCAL Personal Development Skills Intermediate

Units 1&2 and VCAL Personal Development Skills Senior Units 1&2

Possible Assessment Tasks

A range of assessment methods and task types may be used. These include:

- evidence of information and communications technology (ICT), including Internet usage, blogs, wikis, podcasts, eportfolios, multimedia presentations and vodcasts
- teacher observation and/or checklists
- self-assessment inventories
- physical demonstration of understanding of written or oral text
- a portfolio of accumulated evidence
- evidence accumulated through project or program participation
- awards from recognised programs
- oral or written reports and presentations
- oral explanation of text
- written text
- discussion
- debates
- role-plays
- folios of tasks or investigations
- performing practical tasks
- reflective work journals
- student logbooks.

Career Options

The VCAL will give practical work-related experience and a qualification that will be recognised by TAFE institutes, Universities and employers. Together these will help you move from school into work, an apprenticeship or traineeship and/or further training at TAFE. If you have completed VET units as part of your VCAL certificate you will have developed knowledge and skills that employers value, for example industry awareness, use of tools required in the industry, occupational health and safety. Completed VET units will also help demonstrate to an employer that you are keen to work in this industry.